

# 18th Annual Lactation Consultant Comprehensive Update

Monday - Friday, April 26 - April 30, 2010

Registration: 8:00am (daily)

Program: 8:30am - 5:00pm (Monday - Thursday)

8:30am - 4:00pm (Friday)



## Location

The Andrews Center  
3024 New Bern Avenue  
Raleigh, NC 27610

Directions and parking information will be mailed with your confirmation letter.

## Program Description

The Lactation Consultant Comprehensive Update is an in-depth overview of human lactation and breastfeeding management. It is designed to prepare experienced clinicians to provide optimal breastfeeding care to mothers and babies, as well as prepare those clinicians who may be sitting for the International Board of Lactation Consultant Examiners (IBLCE) Exam. During the five-day program, there are lectures, group discussions, small group activities, slides, videos and extensive written handouts that reflect the areas addressed by the IBLCE Blueprint for Certification Examination. Each topic is related to clinical practice by experienced lactation consultants and other healthcare professionals with specialized expertise.

## Target Audience

Healthcare professionals including: lactation consultants and students, nurses, registered dietitians, midwives, physicians, physician assistants, speech pathologists, physical therapists, nutritionists, social workers and students of healthcare professions

## Objectives

1. Explain the significance of the interrelationship between the infant's feeding behavior and maternal milk supply.
2. Describe the causes and treatments for sore nipples based on the mother's symptoms and the baby's behavior.
3. Develop a care plan for a preterm infant and mother to optimize both infant nutrition and breastfeeding.
4. Identify various medical, social and physiological issues that may influence breastfeeding.
5. Identify counseling techniques that can facilitate successful breastfeeding.
6. Discuss the role of breastfeeding in public health and public health promotion.
7. Describe how to use the Ten Steps of the Baby Friendly Hospital Initiative to create evidence-based patient care policies.
8. Identify strategies to provide optimal clinical care for breastfeeding mothers and babies in an institution that has not yet achieved Baby Friendly status.

# Wake AHEC

Educating present and future healthcare providers

Part of the North Carolina AHEC Program

## Credit

**IBLCE: 33 CERPS (25 L CERPS, 7 R CERPS and 1 E CERP)**

Wake AHEC has been granted approval as an Approved Provider of continuing education for lactation consultants by the International Board of Lactation Consultant Examiners.

**Nursing: 33 CNE contact hours**

Wake AHEC, Nursing Education, is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**A participant must attend 100% of the activity to receive credit.  
No partial credit will be given.**

## Registration

\$550; after April 18, 2010 - \$575

Vouchers not accepted.

*Fee includes credit, certificate of completion, daily breakfast and catered lunch.*

## Inclement Weather

Call 919-350-8547 for the inclement weather schedule.

## Cancellations & Refunds

No refunds will be issued unless we are notified by 5pm, April 12, 2010. A \$125 cancellation fee will be deducted from your registration fee if a refund is issued. Vouchers will not be issued. Substitutes are encouraged.

## Hotel Information

Comfort Suites  
1309 Corporation Pkwy.,  
Hwy 64/264 East  
Raleigh, NC 27610

www.comfortsuites.com  
Phone: (919) 212-6900  
\$65.90 per night  
Must state part of LCCU Conference.

Approved by the International Lactation Education Accreditation Council, an official committee of the International Lactation Consultant Association (ILCA).

*If you have questions please call Melissa Stills at 919-350-0466.*

**Payment or supervisor signature must accompany registration.**

## Registration Form

Please print.

Event: 8597-29913ms

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Name		MI	Last	
Social Security # (last 4 digits only)				
Dr.	Mr.	Ms.	Mrs.	
Degree(s) (e.g., MD, PharmD, MS, BS)				
Clinical Specialty				
Home Address		City		
State	Zip	Home County	Home Phone	
Work Fax		Work Phone		
Employer		Job Title		
Department		Work E-mail		

## Payment Options

- a) Charge my: Corporate card Personal card  
Mastercard Visa AMEX Discover

Card #	Exp. Date
Authorized Signature	Name as it appears on card
b) Check enclosed. (Make check payable to Wake AHEC.)	
c) Employer will make payment. Fax registration now.	
Supervisor's name printed	Title
Supervisor's Signature	Phone
<i>By signing, I am certifying that agency payment will follow.</i>	

## To Register

**Online:** [www.wakeahec.org](http://www.wakeahec.org)  
**Mail:** Wake AHEC, Attn: Melissa Stills  
3261 Atlantic Avenue, Suite 212  
Raleigh, NC 27604-1657  
**Fax:** 919-350-0467

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

**ADA Statement:** Wake AHEC is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristic protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Melissa Stills at 919-350-0466 no later ten business days before the program.